WELLCOACHES Leading the way in establishing health and wellness coaches as game-changing professionals. Enjoy the journey of our innovative, intensive, and transformational core coach training program, and demonstrate your skill in applying science-based coaching competencies by becoming a Wellcoaches Certified Health and Wellbeing Coach. Wellcoaches mission is to train and support professional health and wellness coaches; teach health professionals how to use basic coaching skills and help everyone master self-coaching.

PREWORK You are expected to attend each day and actively participate in the discussions and practice opportunities throughout, which will require that you have reviewed all Lesson Preparation Materials prior to class. For our 4-day residential session, prepare to spend approximately 20 hours of preparation time for class and 1-2 hours each evening during the residential training. We strongly recommend that you complete all assigned reading prior to attending. Additionally, we provide suggested practice exercises with learning partners, following the course. This course also requires the purchase of the Coaching Psychology Manual, 2nd edition.

CONTINUING EDUCATION We offer a variety of continuing education options through our partners. Please visit our continuing education page at wellcoaches.com

AGENDA Our training is program is 8:30am-5pm each day, with two 15-minute breaks and 1 hour for lunch. You must be present for the entire course to receive a Certificate of Attendance.

ACCOMODATIONS Our training is being held at the Double Tree Phoenix, though you may stay anywhere you choose.

Nearby hotels:

Double Tree Suites by Hilton Phoenix (host hotel)
320 North 44th Street
Phoenix, Arizona, 85008

Residence Inn by Marriott Phoenix Airport
801 North 44th Street
Phoenix, Arizona, 85008

Holiday Inn Express & Suites Phoenix Airport North
800 North 44th Street
Phoenix, Arizona, 85008

AIR TRAVEL

Phoenix Sky Harbor International Airport (PHX)
4 miles from hotel

LOCAL EATERIES

Phoenix dining