

Meaning Maker

Transcendence, Benevolence, Peacemaker,
Harmony, Gratitude, Meaning, Purpose,
Wholeness, Congruence

Autonomy

Authenticity, Individuality, Responsibility,
Self-determination, Choice, Control,
Freedom, Independence, Space

Standard-Setter

Achievement, Contribution
Respect, To matter, To be valued, To be
validated, To be heard, Acknowledgement,
Justice, Fairness, Integrity

Relational

Love, Empathy, Support, Connection,
Interdependence, Belonging,
Community, Cooperation, Soothing

Body Regulator

Physical survival, Safety, Sustenance,
Security, Sleep, Relaxation, Exercise,
Nutrition, Balance, Familiarity,
Conservation, Health, Healing

Curious Adventurer

Openness, Sensory stimulation,
Adventure, Wonder, Exploration,
Discovery, Novelty, Challenge,
Learning, Consumption, Risk

Confidence

Self-efficacy, Competence, Strength,
Power, Protect, Competitive

Executive Manager

Clarity, Productivity, Reliability, Work,
Problem-solving, Organization, Order

Creative

Creativity, Beauty, Celebration, Flow, Play,
Leisure, Humor, Self-expression, Procreation

